



Jean Thompson Vanlue, LLC

Jean Thompson Vanlue, M.A., LPC, LMFT
528 Cottage St. NE, Ste. 300, Salem, OR 97301
503-316-9130

Philosophy and Approach: My approach to counseling emphasizes the whole person- body, soul and spirit- and is individually tailored to your needs and personality. I utilize systemic, solution-focused and cognitive-behavioral therapy (CBT) principles. Couple therapy is based on the principles of Emotionally Focused Couple Therapy (EFT), Gottman principles, and Adult Attachment Theory. We will explore your present circumstances and personal history in order to: clarify your goals and move toward achieving them, increase problem-solving and relationship skills, and promote insight into patterns of thinking or acting that hinder the accomplishment of your desired changes. This is a unique journey for each individual. My passion is to help individuals, couples and families increase in resilience and coping skills, increase in the ability to encourage and appreciate self and others, and to build relationships that are safe and nurturing.

Formal Education and Training: I hold a *Bachelor of Arts degree in Psychology* from Linfield College, and a *Master of Arts degree in Marriage and Family Therapy* from George Fox University. Major areas of course work included human development, group therapy, couple therapy, family therapy and relationship assessment. I have earned a post-graduate *Certification in Therapy with Adoptive Families* through Portland State University. I have completed an externship, Core Skills and advanced training in Emotionally Focused Couple Therapy (EFT). To maintain my license, I am required to participate in continuing education in subjects relevant to this profession.

As a Licensed Professional Counselor and a Licensed Marriage & Family Therapist, I abide by the Code of Ethics of the Oregon Board of Licensed Professional Counselors and Therapists. I am a clinical member of the American Association of Marriage and Family Therapists (AAMFT) and abide by its Code of Ethics.

Fee Schedule: Initial intake session: \$120. Counseling/therapy: \$90 per 45-50 minute session. Group sessions: Fee varies by group. It is the client’s responsibility to determine the extent of insurance coverage available and to pay all non-covered fees. Insurance billing is offered through a professional service.

Client Bill of Rights: As a client of an Oregon licensee, you have the following rights: 1) To expect that a licensee has met the minimal qualifications of training and experience required by state law; 2) To examine public records maintained by the Board and to have the Board confirm credentials of a licensee; 3) To obtain a copy of the Code of Ethics (OAR 833-100); 4) To report complaints to the Board; 5) To be informed of the cost of professional services before receiving the services; 6) To be assured of privacy and confidentiality while receiving services as defined by rule and law, with the following exceptions: a) Reporting suspected child or elder abuse; b) Reporting imminent danger to client or others; c) Reporting information required in court proceedings, by client’s insurance company, or by other relevant agencies; d) Providing information concerning licensee case consultation or supervision; and e) Defending claims brought by client against licensee; 7) To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status. You may contact the Board of Licensed Professional Counselors & Therapists at 3218 Pringle Road SE #250, Salem, OR 97302-6312, Phone (503) 378-5499. Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT For additional information about this counselor or therapist, consult the Board’s website.

Sign to signify that you have read this information and have had your questions satisfactorily answered.

Client signature

Date

Client signature

Client signature